Mexico: The Cultural Heart of a People

December 27th 2019 – January 4th, 2020

This tour will emphasize the beauty and fascination of Mexico's thriving culture past and present. With lectures from university faculty, street artists and community organizers, the objective is to explore the people, culture and heritage of a country whose true heart is rarely seen through the lens of U.S. mass media. Join us in exploring, engaging and re-thinking Mexico.







Our Itinerary in Mexico

*Itinerary subject to slight change

Friday December 27th

Fly to Mexico City at your own cost. Arrive at least by 3pm

Check in at the **Hotel Marquis Reforma** or similar ★★★

7pm NADOHE Hosted Welcome Dinner

Saturday December 28th

9am Breakfast at the hotel

10am *University Nacional Autonoma de Mexico* lecture- Women and Art in Mexico: Art as Resistance and the Examination of Gender Imagery

11:30am Guided tour to the home of *Frida Khalo*, famed artists and revolutionary women 1pm Lunch

2:30pm *Private Street Art Tour* lead by a local artist to see the hidden gems and masterpieces of Mexico's street art (mural) scene

4:30pm Free time to explore the local neighborhoods of *La Roma* or *Condesa neighboring* hip districts where art, food and architecture collide

Dinner on your own

Sunday December 29th

10am Breakfast at the hotel

11am Walking tour of *La Roma neighborhood*

12pm Cooking class or "Foodie" tour in La Roma neighborhood to taste the heritage of Mexico's many flavors

3pm *National Institute of Immigration* Lecture: Forces of Migration: Economics, Politics and the Power of Family

4:30pm Visit to NGO that assists migrants for discussion on the lived experience of those who migrate

Dinner on your own

Monday December 30th

8am Breakfast at the hotel

9am *Secretary of Public Education* lecture- Higher Education in Mexico: Class, Race and Access 10:30 *University Nacional Autonoma de Mexico* student panel

12noon Lunch

4pm NADOHE Reflection Circle to discuss what we have learned thus far and how it will inform the work we do

Free evening with dinner on your own

Tuesday December 31st

Early Flight to the Maya Riviera to drive to Tulum (in-country flight is at no additional cost) Check in to the hotel in Tulum (TBD, 3-4 star)

New Years Mayan Ritual of Thanks

Hosted New Years Eve Dinner, Celebration and Champagne Toast

Wednesday January 1st

Free day on the beach

Thursday January 2nd

9am Breakfast at the hotel

10am Guided tour of *Pargue National de Tulum* Mayan site to learn about this important city Dinner on your own

Friday January 3rd

8am Breakfast

Group visit and swim in a Cenote (underground cave and fresh water wonder)

Free afternoon in Tulum for shopping or other activities

6pm NADOHE Hosted Closing Dinner

7:30pm NADOHE Reflection Circle to discuss what we have learned and how it will inform the work we do

Saturday January 4th

6am Early drive and then flight to Mexico City to take your connecting flight home

Cost and Payment Plan:

NADOHE Member Rate \$2850pp

Includes: In-country flight, bi-lingual guide, all breakfasts, all lunches, 3 dinners, tips, New Year's Eve Celebration, in-country transportation, all museum, tour and site entry fees and lectures.

Does Not Include: RT flight to Mexico City, dinners excluding above. *Single Rate* add \$700. Non-NADOHE members add \$200pp.

Tour Coordinator and Company:

Dr. Siri Brown served as professor of African American Studies at Merritt College, Oakland, CA. and Professor of Ethnic Studies at U.C. Berkeley and currently serves as an educational administrator in Oakland for the Peralta Community College District. Dr. Brown has over 13 years of leading educational tours to many countries. She is also owner and operator of **Global Academics**; a research and tour coordinating company specializing in customized cultural immersions for those who want to travel and learn.

Call (510) 649-5664 or email tours@global-academics.com for information

Registration is Open Until April 15, 2019:

Visit www.global-academics.org for on-line registration

This trip will sell out fast so... register early to reserve your space!

